Southern Public Schools September 20 Breakfast Menu										
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
	Constant of the second			1 Breakfast Pizza Juice Milk	Cereal Fruit Crackers Milk	3 SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER				
4	5 Labor Day No School	6 Cereal Crackers Juice Milk	7 Blueberry Muffin Sausage Patty Juice Milk	8 Breakfast Sandwich Fruit Milk	9 Cereal Crackers Fruit Milk	10				
11	12 Cereal Crackers Juice Milk	Egg & Sausage Biscuit Fruit Milk	Yogurt Chex Mix Juice Milk	15 Waffles Ham Patty Fruit Milk	16 Cereal Fruit Crackers Milk	17				

23

Cereal

Juice

Milk

30

Fall Break

No School

Crackers

24

22

Juice

Milk

29

Crackers

Juice

Milk

PB&J Sandwich | Cereal

Cereal Bar

Sausage Links

19

Cereal

Crackers

Cereal Fruit

Crackers

Milk

Fruit

Milk

26

18

25

20

Pancake on

Sausage Gravy

on Biscuit

Juice

Milk

a Stick

Juice

Milk

27

21

28

Fruit

Milk

Breakfast

Burrito

w/ Salsa Fruit Milk

Southern Public Schools Lunch Menu

September 2022

Lunch Menu										
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
	SCHOOL BUS		Breaded Pork Scalloped Potatoes Green Beans Butter Sandwich Milk	2 Roast Beef Sandwich Sun Chips Teddy Grahams	3 SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER					
4	Labor Day No School	6 Travelling Taco Spanish Rice Corn Milk	7 Mac & Cheese Little Smokies Blueberry Muffin Milk	Mini Corn Dogs Rice w/ Cinn. Sugar French Fries	9 Grilled Cheese Sandwich Hash Brown Sugar Cookie Dill Spears Milk	10				
11	Hot Dog on Bun Baked Beans Potato Chips	Bread Beef Patty Scalloped Potatoes Tea Roll Milk	Sloppy Joe on Bun French Fries Slushy Cup Milk	BBQ Pork Sandwich Potatoes Au Gratin Green Beans Milk	Chicken Nuggets French Fries Sugar Cookie Milk	17				
18	19 Cheese Pizza Baked Beans Ice Cream Cup Milk	Ham Patty on Bun Nacho Chips w/Cheese Cole Slaw Milk	Raider Rib on Bun Potato Smiles Teddy Grahams Milk	Polish Dog on Bun Scalloped Potatoes Corn Milk	23 Turkey/Cheese Croissant Sun Chips Frosted Graham Cracker Milk	24				
25	26 Crispitos Chili Sauce Green Beans Milk	27 Chicken Tenders Sun Chips PB&J Sandwich Milk	28 Wagon Wheel Oreo Cookie Baked Beans Milk	Chicken Patty on Bun Bananas	No School Fall Break					